



| Sunday   | Monday   | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday  |
|--|--|--|---|---|--|---|
|   |   |    |    |    |   |    |
| <p><b>US Independence Day</b> 4</p>  <p><b>11:30 – 1:30 Sunday Brunch</b><br/> <b>3:00 Amanda on the Piano</b><br/>           7:00 Sunday Service in the Chapel</p> | <p>9:30 &amp; 10:15 Active Physio<br/> <b>11:00 Fun &amp; Fitness Exercises (Self Run)</b><br/> <b>2:00 Wii in the Main Lounge</b><br/>           3:00 Tuck Shop in Centreville<br/>           7:00 Movie Night</p>  | <p>10:00 Catholic Communion<br/> <b>11:00 Fun &amp; Fitness Exercises (Self Run)</b><br/> <b>2:00 Grocery Shopping at Stanley Park Mall*</b><br/>           7:00 Euchre, Bridge and Solo</p>   | <p>“Touch of Heaven” by appointment from 8:30am to 12pm<br/> <b>8:30 Men’s Breakfast</b><br/>           9:30 &amp; 10:15 Active Physio<br/> <b>11:15 Fun &amp; Fitness Exercises with Jaylie</b><br/> <b>2:00 Canadian War Plane Presentation in the Chapel</b><br/>           3:00 Tuck Shop in Centreville<br/>           7:00 Prayer and Bible Study</p>     | <p><b>11:00 Canada Day Party in the Main Lounge with Rob Edelfson</b><br/> <b>5:00 One Seating Dinner in the Dining Room</b><br/>           7:00 “Planet Earth, Ocean Deep”</p>   | <p>11:00 Fun &amp; Fitness Exercises (Self Run)<br/>           12:00 BBQ Lunch<br/> <b>1:30 Kitchener Public Library in Centreville</b><br/>           2:00 Euchre, Bridge and Solo<br/>           7:00 Pool in Billiards Room</p> | <p>10:00 Coffee Break in the Café<br/> <b>2:00 Fruit and Lemonade Social in Centreville</b><br/>           3:00 Knitting Circle<br/> <b>7:00 Pool in Billiards Room</b></p> |
| <p>11</p> <p><b>11:30 – 1:30 Sunday Brunch with John Wiebe</b><br/> <b>2:00 Walking Club</b><br/>           7:00 Sunday Service in the Chapel</p>  | <p>9:30 &amp; 10:15 Active Physio<br/> <b>11:15 Fun &amp; Fitness Exercises with Jaylie</b><br/> <b>12:00 Trip to Arby’s For Lunch</b><br/> <b>2:00 Wii in the Main Lounge</b><br/>           3:00 Tuck Shop in Centreville<br/>           7:00 Movie Night</p>  | <p>10:00 Catholic Communion<br/> <b>11:00 Fun &amp; Fitness Exercises with (Self Run)</b><br/> <b>2:00 Grocery Shopping*</b><br/> <b>3:00 Euchre, Bridge and Solo</b><br/>           7:00 Pool in Billiards Room</p>                                 | <p>“Touch of Heaven” by appointment from 8:30am to 12pm<br/>           9:30 &amp; 10:15 Active Physio<br/> <b>10-2pm The Dressing Room for Seniors</b><br/> <b>11:00 Fun &amp; Fitness Exercises</b><br/> <b>2:00 Afternoon Bingo</b><br/>           3:00 Tuck Shop in Centreville<br/>           7:00 Prayer and Bible Study</p>                               | <p>11:00 Fun &amp; Fitness Exercises (Self Run)<br/> <b>2:00 Fire Safety and Fall Prevention Presentation in the Chapel with the Kitchener Fire Department</b><br/>           7:00 Planet Earth, Into the Wilderness”</p> | <p><b>11:15 Fun &amp; Fitness Exercises with Jaylie</b><br/>           12:00 BBQ Lunch<br/>           2:00 Cards and Games in Centerville<br/>           7:00 Pool in Billiards Room</p>   | <p>10:00 Coffee Break in the Café<br/> <b>2:00 Knitting Circle in Centreville</b><br/>           3:00 Knitting Circle<br/> <b>7:00 Movie Night</b></p>                      |
| <p>18</p> <p><b>11:30 – 1:30 Sunday Brunch</b><br/>           2:00 Card Making in Centreville<br/>           3:00 Walking Club<br/>           7:00 Sunday Service in the Chapel</p>  | <p>9:30 &amp; 10:15 Active Physio<br/> <b>11:15 Fun &amp; Fitness Exercises with Jaylie</b><br/> <b>2:00 Grocery Shopping at Stanley Park Mall</b><br/>           3:00 Tuck Shop in Centreville<br/>           7:00 Movie Night</p>  | <p>10:00 Catholic Communion<br/> <b>11:00 to 11:30 Banking with The Bank of Montreal in Centreville*</b><br/> <b>11:30 Trip to Waterloo Park for a Retirement Picnic* Sign up at the Front Desk!*</b><br/>           7:00 Pool in Billiards Room</p> | <p>“Touch of Heaven” by appointment from 8:30am to 12pm<br/>           9:30 &amp; 10:15 Active Physio<br/> <b>10-2 Ozzett Fashions</b><br/> <b>2:00 Blueberry Festival on our Patio Level</b><br/>           3:00 Tuck Shop in Centreville<br/> <b>7:00 BINGO</b><br/>           7:00 Prayer and Bible Study</p>  | <p>11:00 Fun &amp; Fitness Exercises (Self Run)<br/> <b>2:00 Birthday Party with Randy Rollo</b><br/>           7:00 “Planet Earth, Living Together”</p>  | <p><b>11:15 Fun &amp; Fitness Exercises with Jaylie</b><br/>           12:00 BBQ Lunch<br/> <b>2:00 Grand River Dinner Cruise*</b><br/>           2:00 Euchre, Bridge and Solo<br/>           7:00 Pool in Billiards Room</p>      | <p>10:00 Coffee Break in the Café<br/> <b>2:00 Trip to Rockway Gardens, Weather Permitting*</b><br/>           3:00 Knitting Circle<br/> <b>7:00 Movie Night</b></p>        |
| <p>25</p> <p><b>11:30 – 1:30 Sunday Brunch</b><br/>           2:00 Knitting Circle<br/>           7:00 Sunday Service in the Chapel</p>  | <p><b>Full Moon Tonight</b> 26</p>  <p>9:30 &amp; 10:15 Active Physio<br/> <b>11:15 Fun &amp; Fitness Exercises with Jaylie</b><br/> <b>2:00 Entertainment with Tonia Skipper</b><br/>           7:00 Movie Night</p> | <p><b>School of Optometry in the Exercise Room</b><br/>           10:00 Catholic Communion<br/> <b>2:00 Wii in the Main Lounge with Aaron</b><br/>           2:00 Euchre, Bridge and Solo<br/>           7:00 Pool in Billiards Room</p>             | <p>“Touch of Heaven” by appointment from 8:30am to 12pm<br/>           9:30 &amp; 10:15 Active Physio<br/> <b>11:15 Fun &amp; Fitness Exercises with Jaylie</b><br/> <b>2:00 Afternoon Ice Cream and Swimming at Theresa’s</b><br/>           3:00 Tuck Shop in Centreville<br/> <b>7:00 BINGO</b><br/>           7:00 Prayer and Bible Study in the Chapel</p> | <p><b>8:30 Ladies Breakfast</b><br/> <b>11:15 Fun &amp; Fitness Exercises with Jaylie</b><br/> <b>2:00 Grocery Shopping at Hi Way Centre</b><br/>           7:00 Documentary</p>  | <p><b>11:15 Fun &amp; Fitness Exercises with Jaylie</b><br/>           12:00 BBQ Lunch<br/> <b>2:00 Fruit Social under the Arbor</b><br/> <b>7:00 Social Night with Jackie Wellsman</b></p>  | <p>10:00 Coffee Break in the Café<br/> <b>2:00 Euchre, Bridge and Solo in Centreville</b><br/>           3:00 Knitting Circle<br/> <b>7:00 Movie Night</b></p>              |

